

Wattsburg Area Middle School



May 2019

Student Breakfast Prices

Student Paid \$1.10
 Student Reduced \$.30
 Milk \$.55

Janet Mullaney

Child Nutrition Director
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Breakfast Selection

Juice – 4 oz.
 Orange
 Apple

Milk Selection

Fat Free White
 1% White

Cereals

All cereals are 4 whole grains, lower sugar, and child friendly
 Bowl pack = 1 bread/grain



U.S.D.A. Breakfast Requirements:

- ½ cup fruit or juice
- 2 grains or 2 meat/meat alternatives or 1 of each daily
- 1 cup fat free or 1% milk

Menu Items Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Egg* Fresh Fruit Juice/Milk	2 Chocolate Muffin Fresh Fruit Juice/Milk	3 Honey Bun Fresh Fruit Juice/Milk
6 Chocolate Donut Fresh Fruit Milk	7 Yogurt Cup Graham Crackers Fresh Fruit Juice/Milk	8 Breakfast Pizza Fresh Fruit Juice/Milk	9 Cinnamon Bagel Fresh Fruit Juice/Milk	10 Banana Cereal Bar Fresh Fruit Milk
13 Powdered Donut Fresh Fruit Juice/Milk	14 Strawberry Bagel Bites Fresh Fruit Juice/Milk	15 Egg* Fresh Fruit Juice/Milk	16 Chocolate Muffin Fresh Fruit Juice/Milk	17 Honey Bun Fresh Fruit Juice/Milk
20 Chocolate Donut Fresh Fruit Milk	21 Yogurt Cup Graham Crackers Fresh Fruit Juice/Milk	22 Breakfast Pizza Fresh Fruit Juice/Milk	23 Cinnamon Bagel Fresh Fruit Juice/Milk	24 Snow Make-Up Day No School
No School 27 MEMORIAL DAY	28 Strawberry Bagel Bites Fresh Fruit Juice/Milk	29 Egg* Fresh Fruit Juice/Milk	30 Chocolate Muffin Fresh Fruit Juice/Milk	31 Honey Bun Fresh Fruit Juice/Milk

*Eggs May Include:

Cheese Omelet with English Muffin
 Breakfast Wrap
 Breakfast Taco
 Breakfast Sandwich



Daily Breakfast Options Include:

Breakfast Pizza
 Bagel Bites
 Breakfast Bars
 Donuts
 Cereal

