

Wattsburg Area Elementary Center

Lunch Menu

May 2019

School Lunch Prices:

Student Paid – \$2.35
 Student Reduced - \$.40
 Milk - \$.55

Janet Mullaney

Child Nutrition Director

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Alternate Lunch Choices

Available Daily:

- Salad Bar Lunch
- Peanut Butter & Jelly (uncrustable) Lunch
- Deli Wrap Lunch
- Yogurt & Cheese Lunch

Milk Choices:

- FF Chocolate
- FF Strawberry
- FF White
- Skim Milk

Attention Parents:

Please notify the cafeteria by 10:00 if you are planning to have lunch with your child

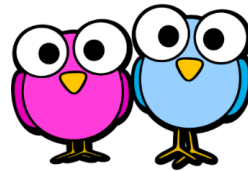
Menu Items Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Mashed Potato Bowl w/Gravy/Corn Carrot Sticks Dinner Roll Fruit & Milk Or Alternate Lunch Choice	2 Cheeseburger on Bun w/Lettuce & Tomatoes French Fries Juice Bar & Milk Or Alternate Lunch Choice	3 Pizza Dippers with Marinara Sauce Romaine Salad Chocolate Pudding Fruit & Milk Or Alternate Lunch Choice
6 Bobcat Fries Dinner Roll Veggie Sticks Fruit & Milk Or Alternate Lunch Choice	7 Pulled Pork Sandwich Sun Chips Beets Relish Tray Fruit & Milk Or Alternate Lunch Choice	8 French Toast Sticks Hash Brown Potatoes Sausage Patty Celery Sticks & Dip Vegetable Juice Fruit & Milk Or Alternate Lunch Choice	9 Chicken Tenders Seasoned Potato Wedges Garlic Bread Stick Baked Beans Fruit & Milk Or Alternate Lunch Choice	10 Pizza Garden Salad Carrots and Dip Fruit & Milk Or Alternate Lunch Choice
13 Nachos with Beef and Cheese Tortilla Chips Corn Fruit & Milk Or Alternate Lunch Choice	14 Chicken Nuggets Soft Pretzel Glazed Carrots Celery Sticks with Dip Fruit & Milk Or Alternate Lunch Choice	15 Hot Dog on Bun French Fries Baked Beans Fruit & Milk Or Alternate Lunch Choice	16 Meatball Sub Romaine Salad w/Dressing Green Beans Fruit & Milk Or Alternate Lunch Choice	17 Macaroni & Cheese Fish Sticks Broccoli Relish Tray Fruit & Milk Or Alternate Lunch Choice
20 Chicken Patty on Bun w/Lettuce and Tomato Glazed Carrots Fruit & Milk Or Alternate Lunch Choice	21 Hot Turkey w/Gravy over Biscuit Mashed Potatoes Cranberry Sauce Mixed Vegetables Fruit & Milk Or Alternate Lunch Choice	22 Tacos Lettuce/Salsa/Cheese Corn Cookie Fruit & Milk Or Alternate Lunch Choice	23 Chicken Wrap w/Lettuce & Tomato Tater Tots 3-Bean Salad Fruit & Milk Or Alternate Lunch Choice	24 Snow Make-Up Day No School
No School 27 MEMORIAL DAY	28 Spaghetti & Meatballs Spinach Salad/Dressing Garlic Breadstick Green Beans Fruit & Milk Or Alternate Lunch Choice	29 Chicken Mashed Potato Bowl w/Gravy/Corn Carrot Sticks Dinner Roll Fruit & Milk Or Alternate Lunch Choice	30 Cheeseburger on Bun w/Lettuce & Tomatoes French Fries Juice Bar & Milk Or Alternate Lunch Choice	31 Pizza Dippers with Marinara Sauce Romaine Salad Chocolate Pudding Fruit & Milk Or Alternate Lunch Choice

Lunch Consists of Five Components:

- Protein
- Grain
- Vegetable
- Fruit
- Milk

Students must choose at least three components with one being a fruit or vegetable. Students may choose 1 or 2 vegetables and/or 1 fruit.



Fridays:
 Students have choice of Low fat Ice Cream for \$.80.