

Wattsburg Area Elementary Center

Lunch Menu

April 2019

School Lunch Prices:

Student Paid – \$2.35
 Student Reduced - \$.40
 Milk - \$.55

Janet Mullaney

Child Nutrition Director

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Alternate Lunch Choices Available Daily:

- Salad Bar Lunch
- Peanut Butter & Jelly (uncrustable) Lunch
- Deli Wrap Lunch
- Yogurt & Cheese Lunch



Milk Choices:

- FF Chocolate
- FF Strawberry
- FF White
- Skim Milk

Attention Parents:

Please notify the cafeteria by 10:00 if you are planning to have lunch with your child

Menu Items Subject to Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 Hot Ham & Cheese on Pretzel Bun Baked Beans Carrots w/ Dip Fruit & Milk Or Alternate Lunch Choice | 2 Spaghetti & Meatballs Spinach Salad/Dressing Garlic Breadstick Green Beans Fruit & Milk Or Alternate Lunch Choice | 3 Chicken Mashed Potato Bowl w/Gravy/Corn Carrot Sticks Dinner Roll Fruit & Milk Or Alternate Lunch Choice | 4 Cheeseburger on Bun w/Lettuce & Tomatoes French Fries Juice Bar & Milk Or Alternate Lunch Choice | 5 Pizza Dippers with Marinara Sauce Romaine Salad Chocolate Pudding Fruit & Milk Or Alternate Lunch Choice |
| 8 Bobcat Fries Dinner Roll Veggie Sticks Fruit & Milk Or Alternate Lunch Choice | 9 Pulled Pork Sandwich Sun Chips Beets Relish Tray Fruit & Milk Or Alternate Lunch Choice | 10 French Toast Sticks Hash Brown Potatoes Sausage Patty Celery Sticks & Dip Vegetable Juice Fruit & Milk Or Alternate Lunch Choice | 11 Chicken Tenders Seasoned Potato Wedges Garlic Bread Stick Peas Fruit & Milk Or Alternate Lunch Choice | 12 Pizza Garden Salad Carrots and Dip Fruit & Milk Or Alternate Lunch Choice |
| 15 Nachos with Beef and Cheese Tortilla Chips Corn Fruit & Milk Or Alternate Lunch Choice | 16 Chicken Nuggets Soft Pretzel Glazed Carrots Celery Sticks with Dip Fruit & Milk Or Alternate Lunch Choice | 17 Hot Dog on Bun French Fries Baked Beans Fruit & Milk Or Alternate Lunch Choice | 18 Snow Make Up Day Meatball Sub Romaine Salad w/Dressing Green Beans Fruit & Milk Or Alternate Lunch Choice | 19  No School |
| 22  No School | 23 Snow Make Up Day No School | 24 Tacos Lettuce/Salsa/Cheese Corn Cookie Fruit & Milk Or Alternate Lunch Choice as listed | 25 Chicken Wrap w/Lettuce & Tomato Tater Tots 3-Bean Salad Fruit & Milk Or Alternate Lunch Choice | 26 Cheese Pizza Broccoli Relish Tray Fruit & Milk Or Alternate Lunch Choice |
| 29 Hot Ham & Cheese on Pretzel Bun Baked Beans Carrots w/ Dip Fruit & Milk Or Alternate Lunch Choice | 30 Spaghetti & Meatballs Spinach Salad/Dressing Garlic Breadstick Green Beans Fruit & Milk Or Alternate Lunch Choice | May 1 Chicken Mashed Potato Bowl w/Gravy/Corn Carrot Sticks Dinner Roll Fruit & Milk Or Alternate Lunch Choice | May 2 Cheeseburger on Bun w/Lettuce & Tomatoes French Fries Juice Bar & Milk Or Alternate Lunch Choice | May 3 Pizza Dippers with Marinara Sauce Romaine Salad Chocolate Pudding Fruit & Milk Or Alternate Lunch Choice |

Lunch Consists of Five Components:

- Protein
- Grain
- Vegetable
- Fruit
- Milk

Students must choose at least three components with one being a fruit or vegetable. Students may choose 1 or 2 vegetables and/or 1 fruit.



Fridays:
 Students have choice of Low fat Ice Cream for \$.80.