

Wattsburg Area Elementary Center



Student Breakfast Prices

Student Paid \$1.10
 Student Reduced \$.30
 Milk \$.55

Janet Mullaney

Child Nutrition Director
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Breakfast Selection

Juice – 4 oz.

Orange

Apple

Milk Selection

Fat Free White

1% White

Cereals

All cereals are 4 whole grains, lower sugar, and child friendly
 Bowl pack = 1 bread/grain



U.S.D.A. Breakfast Requirements:

- ½ cup fruit or juice
- 2 grains or 2 meat/meat alternatives or 1 of each daily
- 1 cup fat free or 1% milk

1 Pancake on a Stick Fresh Fruit /Juice Fat Free Milk	2 Cereal/Muffin Fresh Fruit /Juice Fat Free Milk	3 Breakfast Pizza Fresh Fruit /Juice Fat Free Milk	4 Yogurt Bar, Pop-Tart or Teddy Graham Fresh Fruit /Juice Fat Free Milk	5 Eggs* Fresh Fruit/Juice Fat Free Milk
8 Pancake on a Stick Fresh Fruit /Juice Fat Free Milk	9 Cereal/Muffin Fresh Fruit /Juice Fat Free Milk	10 Breakfast Pizza Fresh Fruit /Juice Fat Free Milk	11 Yogurt Bar, Pop-Tart or Teddy Graham Fresh Fruit /Juice Fat Free Milk	12 Eggs* Fresh Fruit/Juice Fat Free Milk
15 Pancake on a Stick Fresh Fruit /Juice Fat Free Milk	16 Cereal/Muffin Fresh Fruit /Juice Fat Free Milk	17 Breakfast Pizza Fresh Fruit /Juice Fat Free Milk	18 Yogurt Bar, Pop-Tart or Teddy Graham Fresh Fruit /Juice Fat Free Milk	19  No School
22  No School	23 Snow Make Up Day No School	24 Breakfast Pizza Fresh Fruit /Juice Fat Free Milk	25 Yogurt Bar, Pop-Tart or Teddy Graham Fresh Fruit /Juice Fat Free Milk	26 Eggs* Fresh Fruit/Juice Fat Free Milk
29 Pancake on a Stick Fresh Fruit /Juice Fat Free Milk	30 Cereal/Muffin Fresh Fruit /Juice Fat Free Milk	May 1 Breakfast Pizza Fresh Fruit /Juice Fat Free Milk	May 2 Yogurt Bar, Pop-Tart or Teddy Graham Fresh Fruit /Juice Fat Free Milk	May 3 Eggs* Fresh Fruit/Juice Fat Free Mil



*Eggs May Include:

- Omelet/Bagel
- Egg Wrap
- Breakfast Taco
- Scrambled Eggs/Bagel

Menu Items Subject to Change

