

# Wattsburg Area Elementary Center

## Lunch Menu

### March 2019

School Lunch Prices:

Student Paid – \$2.35  
 Student Reduced - \$.40  
 Milk - \$ .55

Janet Mullaney

Child Nutrition Director

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Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Cheese Pizza Broccoli Relish Tray Fruit & Milk Or Alternate Lunch Choice
4	5	6	7	8
Hot Ham & Cheese on Pretzel Bun Baked Beans Carrots w/ Dip Fruit & Milk Or Alternate Lunch Choice	Spaghetti & Meatballs Spinach Salad/Dressing Garlic Breadstick Green Beans Fruit & Milk Or Alternate Lunch Choice	Chicken Mashed Potato Bowl w/Gravy/Corn Carrot Sticks Dinner Roll Fruit & Milk Or Alternate Lunch Choice	Cheeseburger on Bun w/Lettuce & Tomatoes French Fries Juice Bar & Milk Or Alternate Lunch Choice	Pizza Dippers with Marinara Sauce Romaine Salad Chocolate Pudding Fruit & Milk Or Alternate Lunch Choice
11	12	13	14	15
Bobcat Fries Dinner Roll Veggie Sticks Fruit & Milk Or Alternate Lunch Choice	Pulled Pork Sandwich Sun Chips Beets Relish Tray Fruit & Milk Or Alternate Lunch Choice	French Toast Sticks Hash Brown Potatoes Sausage Patty Celery Sticks & Dip Vegetable Juice Fruit & Milk Or Alternate Lunch Choice	Chicken Tenders Seasoned Potato Wedges Garlic Bread Stick Peas Fruit & Milk Or Alternate Lunch Choice	Pizza Garden Salad Carrots and Dip Fruit & Milk Or Alternate Lunch Choice
18	19	20	21	22
Snow Make Up Day  Nachos with Beef and Cheese Tortilla Chips Corn Fruit & Milk Or Alternate Lunch Choice	Chicken Nuggets Soft Pretzel Glazed Carrots Celery Sticks with Dip Fruit & Milk Or Alternate Lunch Choice	Hot Dog on Bun French Fries Baked Beans Fruit & Milk Or Alternate Lunch Choice	Meatball Sub Romaine Salad w/Dressing Green Beans Fruit & Milk Or Alternate Lunch Choice	Macaroni & Cheese Fish Sticks Broccoli Relish Tray Fruit & Milk Or Alternate Lunch Choice
25	26	27	28	29
Chicken Patty on Bun w/Lettuce and Tomato Glazed Carrots Fruit & Milk Or Alternate Lunch Choice	Hot Turkey w/Gravy over Biscuit - Mashed Potatoes Cranberry Sauce Mixed Vegetables Fruit & Milk Or Alternate Lunch Choice	Tacos Lettuce/Salsa/Cheese Corn Cookie Fruit & Milk Or Alternate Lunch Choice as listed	Chicken Wrap w/Lettuce & Tomato Tater Tots 3-Bean Salad Fruit & Milk Or Alternate Lunch Choice	Cheese Pizza Broccoli Relish Tray Fruit & Milk Or Alternate Lunch Choice

#### Alternate Lunch Choices

Available Daily:

- Salad Bar Lunch
- Peanut Butter & Jelly (uncrustable) Lunch
- Deli Wrap Lunch
- Yogurt & Cheese Lunch

#### Milk Choices:

- 1% Chocolate
- 1% Strawberry
- 1% White
- Skim Milk

#### Attention

Parents:

Please notify the cafeteria by 10:00 if you are planning to have lunch with your child

Menu Items Subject to Change

#### Lunch Consists

of Five

Components:

- Protein
- Grain
- Vegetable
- Fruit
- Milk

Students must choose at least three components with one being a fruit or vegetable. Students may choose 1 or 2 vegetables and/or 1 fruit.



#### Fridays:

Students have choice of Low fat Ice Cream for \$.80.