

Wattsburg Area Elementary Center

Lunch Menu

January 2019




School Lunch Prices:

Student Paid – \$2.35
 Student Reduced - \$.40
 Milk - \$.55

Janet Mullaney

Child Nutrition Director

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Monday	Tuesday	Wednesday	Thursday	Friday
31 	1 	2 Tacos Lettuce/Salsa/Cheese Corn Cookie Fruit & Milk Or Alternate Lunch Choice	3 Chicken Wrap w/Lettuce & Tomato Tater Tots 3-Bean Salad Fruit/Milk Or Alternate Lunch Choice	4 Cheese Pizza Broccoli Relish Tray Fruit & Milk Or Alternate Lunch Choice
7 Hot Ham & Cheese on Pretzel Bun Baked Beans Carrots w/ Dip Fruit & Milk Or Alternate Lunch Choice	8 Spaghetti & Meatballs Spinach Salad/Dressing Garlic Breadstick Fruit & Milk Or Alternate Lunch Choice	9 Chicken Mashed Potato Bowl w/Gravy/Corn Dinner Roll Fruit & Milk Or Alternate Lunch Choice	10 Cheeseburger on Bun w/Lettuce & Tomatoes French Fries Juice Bar & Milk Or Alternate Lunch Choice	11 Pizza Dippers with Marinara Sauce Romaine Salad Fruit & Milk Or Alternate Lunch Choice
14 Bobcat Fries Dinner Roll Veggie Sticks Fruit & Milk Or Alternate Lunch Choice	15 Turkey Club on Bun Sun Chips Beets Relish Tray Fruit & Milk Or Alternate Lunch Choice	16 French Toast Sticks Hash Brown Potatoes Sausage Patty Celery Sticks & Dip Vegetable Juice Fruit & Milk Or Alternate Lunch Choice	17 No School	18 No School
21 No School 	22 Chicken Nuggets Soft Pretzel Glazed Carrots Celery Sticks with Dip Fruit & Milk Or Alternate Lunch Choice	23 Hot Dog on Bun French Fries Baked Beans Fruit & Milk Or Alternate Lunch Choice	24 Meatball Sub Romaine Salad w/Dressing Green Beans Fruit & Milk Or Alternate Lunch Choice	25 Macaroni & Cheese Fish Sticks Broccoli Fruit & Milk Or Alternate Lunch Choice
28 Chicken Patty on Bun w/Lettuce and Tomato Green Beans Fruit & Milk Or Alternate Lunch Choice	29 Hot Turkey w/Gravy over Biscuit - Mashed Potatoes Cranberry Sauce Mixed Vegetables Fruit & Milk Or Alternate Lunch Choice	30 Tacos Lettuce/Salsa/Cheese Corn Cookie Fruit & Milk Or Alternate Lunch Choice as listed	31 Chicken Wrap w/Lettuce & Tomato Tater Tots 3-Bean Salad Fruit & Milk Or Alternate Lunch Choice	1 Cheese Pizza Broccoli Relish Tray Fruit & Milk Or Alternate Lunch Choice as listed

Alternate Lunch Choices

Available Daily:

- Salad Bar Lunch
- Peanut Butter & Jelly (uncrustable) Lunch
- Deli Wrap Lunch
- Yogurt & Cheese Lunch

Milk Choices:

- 1% Chocolate
- 1% Strawberry
- 1% White
- Skim Milk

Attention

Parents:

Please notify the cafeteria by 10:00 if you are planning to have lunch with your child

Menu Items Subject to Change

Lunch Consists

of Five

Components:

- Protein
- Grain
- Vegetable
- Fruit
- Milk

Students must choose at least three components with one being a fruit or vegetable. Students may choose 1 or 2 vegetables and/or 1 fruit.

Fridays:

Students have choice of Low fat Ice Cream for \$.80.

