

# Wattsburg Area Elementary Center



## February 2019

### Student Breakfast Prices

Student Paid \$1.10  
 Student Reduced \$.30  
 Milk \$.55

Janet Mullaney

Child Nutrition Director  
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### Breakfast Selection

Juice – 4 oz.

Orange

Apple

### Milk Selection

Fat Free White

1% White

### Cereals

All cereals are 4 whole grains, lower sugar, and child friendly  
 Bowl pack = 1 bread/grain



### U.S.D.A. Breakfast Requirements:

- ½ cup fruit or juice
- 2 grains or 2 meat/meat alternatives or 1 of each daily
- 1 cup fat free or 1% milk

					1
				Eggs* Fresh Fruit/Juice Fat Free Milk	
4	5	6	7	8	
Pancake on a Stick Fresh Fruit /Juice Fat Free Milk	Cereal/Muffin Fresh Fruit /Juice Fat Free Milk	Breakfast Pizza Fresh Fruit /Juice Fat Free Milk	Yogurt Bar, Pop-Tart or Teddy Graham Fresh Fruit /Juice Fat Free Milk	Eggs* Fresh Fruit/Juice Fat Free Milk	
11	12	13	14	15	
Pancake on a Stick Fresh Fruit /Juice Fat Free Milk	Cereal/Muffin Fresh Fruit /Juice Fat Free Milk	Breakfast Pizza Fresh Fruit /Juice Fat Free Milk	Yogurt Bar, Pop-Tart or Teddy Graham Fresh Fruit /Juice Fat Free Milk	No School Act 80 Day	
18	19	20	21	22	
No School	Snow Make-Up Day Cereal/Muffin Fresh Fruit /Juice Fat Free Milk	Breakfast Pizza Fresh Fruit /Juice Fat Free Milk	Yogurt Bar, Pop-Tart or Teddy Graham Fresh Fruit /Juice Fat Free Milk	Eggs* Fresh Fruit/Juice Fat Free Milk	
25	26	27	28	March 1	
Pancake on a Stick Fresh Fruit /Juice Fat Free Milk	Cereal/Muffin Fresh Fruit /Juice Fat Free Milk	Breakfast Pizza Fresh Fruit /Juice Fat Free Milk	Yogurt Bar, Pop-Tart or Teddy Graham Fresh Fruit /Juice Fat Free Milk	Eggs* Fresh Fruit/Juice Fat Free Mil	



### \*Eggs May Include:

Omelet/Bagel

Egg Wrap

Breakfast Taco

Scrambled  
Eggs/Bagel

Menu Items Subject  
to Change

